

City of New Albany

PROCLAMATION

Whereas: the City of New Albany recognizes that adequate nutrition is a necessity for the critical components of health functions and a good quality of life for people of all ages; and

Whereas: food is the substance by which life is sustained. The type, quality, and amount of food that individuals consume each day plays a vital role in their overall health and physical fitness; and

Whereas: National Nutrition Awareness Day is presented in conjunction with National Nutrition Month, a month-long nutrition education and information campaign created by the Academy of Nutrition and Dietetics; and

Whereas: LifeSpan Resources, Inc. and the City of New Albany seek to promote independent living for people of all ages by ensuring the availability of support services; and

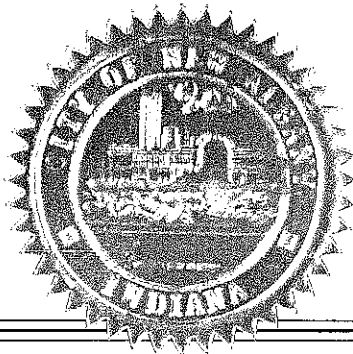
Whereas: Senior Nutrition/Meals on Wheels Program serve well-balanced meals, helping older Hoosiers improve their daily nutrient intake; and

Whereas: these services provide essential support along a continuum of community-based services that allow the most vulnerable and their families to maintain their health and independence.

Now, therefore, I, Jeff M. Gahan, Mayor of the City of New Albany, in the State of Indiana, do hereby proclaim March 21, 2014 as

Nutrition Awareness Day

and encourage all citizens to join the campaign and become concerned about their nutrition and the nutrition of others in the hope of achieving optimum health for both today and tomorrow.



Witness my hand and the seal of the City of New Albany, Indiana this 21st Day of March in the year of our Lord Two Thousand and Fourteen.

Jeff M. Gahan

Jeff M. Gahan
Mayor, City of New Albany, Indiana